



# AOFOG YGAA

AOFOG YOUNG GYNAECOLOGIST AWARDEES ASSOCIATION

## NEWS LETTER

26TH MARCH, 2009

Auckland

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### EDITORIAL

Dearest AOFOG Members,

The YGAA is growing with each year. This very successful AOFOG programme to promote the youngsters has paid off tremendously. In India two YGA have been FOGSI presidents and a number of others hold important organisational posts.

We urge all YGA to contribute their experiences in this 2 yearly news letter. We urge all YGA to interact with each other, visit countries and attend each other's National conferences. A good interaction amongst YGA's will lead to a strong AOFOG future.

I am thankful to Emcure Pharma Ltd. for their kind support in printing this issue for us.

Looking forwards to your feed back.

  
**Narendra Malhotra**  
[mnmhagra1@gmail.com](mailto:mnmhagra1@gmail.com)



Dr Narendra Malhotra

**Please contribute to this Bulletin,  
we are going online  
and if we receive regular  
inputs we will have a quarterly  
Online e-bulletin.**

EDITOR & CHAIRMAN OF YGAA ALUMINI NETWORK OF AOFOG  
CHAIRMAN PUBLICATION COMMITTEE AOFOG

**Dr Narendra Malhotra**

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FOR PRIVATE CIRCULATION AMONG AOFOG MEMBERS

# AOFG TOKYO IN PICTURES



**AOFG MEETING, COLOMBO**



**AOFG TOKYO INDIAN GROUP**

## BOOK REVIEW

### "Operative Obstetrics and Gynecology"

Editors:

**Randhir Puri, MD, WHO Fellowship (Materno-Fetal Medicine)**

**Narendra Malhotra, MD, FICOG.**

Co-Editors: **Jaideep Malhotra, MD, FICOG, FICMCH.**

**Pranay Shah, MD, DGO.**

Publishers: Jaypee Brothers Medical Publishers (P) Ltd.

**Operative Obstetrics and Gynecology** is an illustrated Colour text, a comprehensive surgical compendium divided in three parts. The part-1 includes surgical principles and guidance, general principles of surgeries required for the field. The obstetrical operations are covered in part-2 and all Gynecological surgeries in part-3.

The book is very attractive with a well-designed layout, highly illustrative with colour drawings, clinical photographs and diagnostic imaging. All topics covered are relevant and useful for reference and practice. The information is presented in a logical and readable way, utilizing bullet points, tables and diagrams very well. A set of four interactive DVD's as an added give out provides reader a direct look at live surgical procedures and operations. Self-assessment questions at end of each chapter, if included would have been more strengthening to aid the readers. In conclusion, this is a well-conceptualized and well-researched **book** that can benefit a wide range of academic and clinical pursuits.

Reviewer Information:

**Dr. Mrityunjay C. Metgud, MD, FICOG.**

Associate Professor, Dept of Obstetrics & Gynecology

J.N. Medical College, Nehru Nagar

Belgaum – 590 010, Karnataka State – India.

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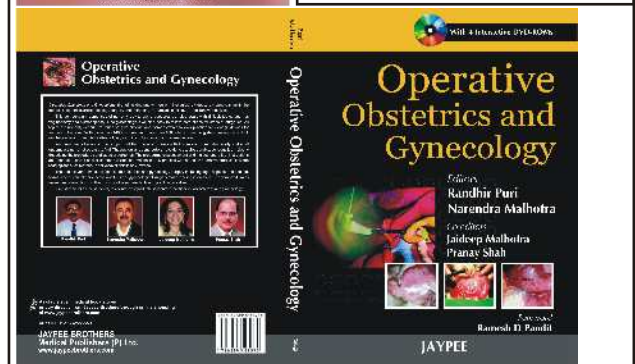
E-mail: metm@rediffmail.com

## New Journals



## Crossword Answers

- |                |              |
|----------------|--------------|
| 1A. HAULTAIN   | 2A. SION     |
| 3A. STRASSMAN  | 4A. MCDONALD |
| 5A. FEMORAL    | 6A. SIMS     |
| 7A. FISH       | 8A. SFU      |
| 1D. KALLMAN    | 2D. UREMIA   |
| 3D. RITZEN     | 4D. STOMACH  |
| 5D. FENTON     | 6D. BONNEY   |
| 7D. PAP        | 8D. PAGET    |
| 9D. LITHIUM    | 10D. LDH     |
| 11D. NOVOSEVEN |              |



## Message from President AFOG



It is a great pleasure and privilege to have an opportunity to deliver a message as a president to the 3rd issue of YGAA (Young Gynaecologist Awardees Association) Newsletter. One of the founding objectives of YGA is that it will help to prepare them to become the future leaders of their national societies of Obstetrics and Gynaecology and hence of the Federation. I am very happy to introduce the good examples attained the YGA'S purpose.

Dr. Narendra Malhotra had served as the President of FOGSI (Federation of Obstetrical and Gynecologic Societies of India) and currently he is very active as Chairman of Newsletter, Publication and YGAA of our Federation. And Dr. Rohana Haththotuwa is currently the President of Sri Lanka College of Obstetricians and Gynecologists, and at the same time, he is serving as Chairman of Reproductive Endocrinology Committee, AFOG.

I suppose many other YGA must have become the leaders in their own national societies. The future of AFOG will depend on our young gynecologists. I heartily congratulate on the becoming of the leader in their own national societies and our Federation. Also I would like to congratulate the publication of the third issue of YGAA Newsletter, and wish a great prosperity of YGAA in the future.

**Prof. Yoon-Seok Chang, President, AFOG**

## MESSAGE FROM SECRETARY GENERAL AFOG



I wonder how the 2009 YGA's feel about their award. An opportunity to travel to Auckland? With free registration for two congresses? With wishes that the hotel allowances were greater?

I'm sure it is all these and more. And I'm sure it should be looked upon with greater perspective. It means that each YGA's home country recognizes a certain trait or potential in him to be a future leader of the specialty. It recognizes that he may be a "cut above the rest" because very few are accepted to receive the award. It also means an additional item in one's CV which can serve as a stepping-stone to future achievements.

To our 2009 YGA's, I salute you on your award. Enjoy its perks! But please remember the award carries with it too the responsibility of ensuring future academic or clinical work in order to fulfill the hopes and aspirations of our region's women for a better tomorrow.

**Prof. Walfrido W. Sumpaico**

## MESSAGE FROM VICE PRESIDENT AFOG

AFOG has now existed for 50 years. Founder members, put their heart and soul to ensure its success by running the organization like a family. They had differences of opinions, but they did not allow their personal differences to get in their way. They encouraged the young to aspire within the AFOG and some of us have attained high positions within the federation, mainly because of our senior members encouragement and guidance.

YGA's of AFOG come forward and be part of the happy family by actively taking part in AFOG activities by joining the various subcommittees. The future of AFOG is in your hands.

**C. Anandakumar**



## MESSAGE FROM SECRETARY GENERAL FOGSI

It gives me great pleasure to write this message for YGAA Bulletin, being one of the first YGAA awardees. Dr. Narendra Malhotra conceived a bright idea of having YGAA united from different parts of the world, through this Bulletin. I am sure by knowing each other each YGAA will enrich their knowledge by exchange of ideas.

I congratulate Dr. Narendra Malhotra and his team for coming out with this YGAA Bulletin.

**Dr. P.K. Shah**



**Ian Donald Jaypee**  
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 PCPNDT Problems "How to solve them"  
 Gen Abdomen & Soft Parts Live Demo  
 I. U. I. Workshop

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 Organising Secretary  
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 A-7, Awagarh House, Opp. Anjna Cinema,  
 M.G. Road, Agra-2. Ph.: 0562-4031215  
 Email : prabandhan.agra@gmail.com

## SPECIAL IN-HOUSE PACKAGE

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- Rs.4500\*** per person (upto 30th April, 09)
- Rs.5500\*** per person (upto 31st July, 09)
- Rs.6500\*** per person (1st August onwards)

\* This fee does not include DIPLOMATE (Diplomate Fees Rs.8000/- additional) including regular delegate registration, breakfast on 6th September and accommodation at venue on twin sharing basis for one night.

# Curing the Pain of Laparoscopic Surgery

We all know the benefits that laparoscopic surgery brings to our patients. Studies consistently show that laparoscopic procedures are associated with less post operative pain, shorter hospital stay and faster return to normal activities. But what about the surgeon? We all know colleagues who have had to have time off work with shoulder, neck or back pain. Laparoscopic surgery involves a more static posture of the neck and trunk with more frequent awkward movements of the upper extremities. Often the surgeon may spend prolonged time with a rotated spine, which may also be curved laterally. Combine this with extension of the cerebral vertebra to view the monitor, a surgeon is bound to suffer pain at some stage in their career. A recent survey of laparoscopic surgeons attending conferences in Canada, Scotland and New Zealand showed that 24% of respondents often suffered from musculoskeletal pain and 52% of them suffered occasionally from neurological symptoms.

How do we avoid becoming a victim to the pain of laparoscopic surgery? Here are my top 10 tips. Lower the height of the bed: The bed should be low enough so that your elbows are bent at approximately 45%. This prevents shoulder fatigue and aids surgical dexterity. If the bed does not drop low enough a step may be required but make sure it is wide enough to accommodate foot pedals and feet movements.

- Lateral port placement: Midline ports force the surgeon to lean over the patient. This cause back and shoulder pain and restricts surgical movement.
- Correct monitor height: This varies from surgeon to surgeon but most surgeons prefer the monitor to be at eye level.
- Correct monitor position: The monitor should be positioned caudal to the patient's hip or between the legs. This enables the surgeon to minimise rotation of the spine.
- Stand by the patients shoulders: By stepping up to towards the patients head, you can stand at an angle and operate 'in line' with feet and shoulders parallel and forearms at 90 degrees to the line of the shoulders. This minimises spinal rotation.
- The patients arms should be by her side or across her chest: This is the cardinal rule. If the arm is on an arm board the surgeon will have to bend the spine laterally to operate.
- Place quivers between the legs: The closer the quivers are to the line of surgery, the less spinal rotation is required when changing equipment.
- Place foot pedals on the caudal side of the surgeon: This prevents the need to rotate away from the surgical site to activate the pedals.
- Use hand activated equipment: Abolishing foot pedals prevents awkward movements of the lower extremities.
- Stand on a rubber mats: This helps prevent fatigue

And finally make sure all of the cables run to the equipment from one side of the surgeon. This enables the surgeon the freedom to move away from the patient without tripping.

Well, good luck. I hope at least some of these tips will make your operating a more pleasant experience

**Dr Martin Ritossa**, Adelaide. Australia.  
YGA-2009

## Magnitude and Consequences of Anemia in South East Asia



Anemia is one of the world's most widespread health problems. 4 to 5 billion people of the global population are iron deficit and around 2 billion people in the world are anemic. Anemia is a significant public health problem throughout the developing world and is remain silent despite severe consequences than other common conditions. In almost all developing countries, between 1/3rd and one half of the female and child populations are anemic. Prevalence among pregnant women and children under 2 years of age is typically more than 50 percent. For all age groups, the risk of developing anemia is 2 to 7 times greater in developing countries than in industrialized countries. Anemia prevalence is usually higher in rural areas than urban areas.

According to GBD 2000 WHO, Southeast Asia contributes 1/5th of the total world's population but contributes to more than 40% of the deaths due to anaemia. Anemia prevalence is highest in Southeast Asia, with the highest rates found among pregnant women (75 %) and children (65 %).

Anemia has multiple causes. The main causes of anemia include inadequate intake and poor absorption of iron, malaria particularly in young children and pregnant women, hookworms, diarrhea, HIV/AIDS and other infections, genetic disorders (e.g., sickle cell and thalassemia), blood loss during labor and delivery, heavy menstrual blood flow and closely spaced pregnancies.

Anemia has serious negative consequences which include: 1) Adult productivity: In adults, one of the 1st signs of anemia is fatigue, which occurs when there is not enough oxygen in the body to support physical activity. Work productivity and earned income suffer accordingly. 10 percent increase in hemoglobin levels was associated with a 10 % to 20 % increase in work output. 2) Maternal health: Anemia reduces a woman's ability to survive bleeding during and after childbirth. Women with severe anemia are particularly at risk and have a 3.5 times greater chance of dying from obstetric complications during or after pregnancy than women who do not have anemia. Conservative estimates suggest anemia is the direct cause of 3 to 7 percent of maternal deaths worldwide. Other estimates suggest it is the direct or indirect cause of 20 to 40 percent of maternal deaths. 3) Young child development and learning: Anemia is associated with premature births, intrauterine growth retardation, and low birth weight in infants. Premature, underdeveloped and underweight infants have decreased chances of survival. If they survive, they may have (both as infants and later as children) physical and mental developmental problems. Iron-deficiency anemia in children under 2 years of age can result in irreversible learning problems even if the iron deficiency and resulting anemia are corrected. Iron deficiency also affects iodine uptake, increasing the risk of iodine deficiency disorders that can have devastating effects on fetal brain development and a child's IQ.

**Dr. Jaideep Malhotra**, Vice President FOGSI 2010



Being one of the person who is getting the Asian Young Gynaec award 2009 of AOFOG is honour for me, that also makes me to do better as a obstetric and gynaecology doctor. Hopefully I can encourage my skill and ability through this year even and share my experience with other doctor from another country.

Regards,

**Dr Cepi Teguh Pramayadi, YGA-2009**



It is my great pleasure and honor to be one of the awardees of the Asian Young Gynaecology award of AOFOG 2009 in New Zealand. It will be a great occasion for me to see a new country, new community with different customs, heritage and traditions. It will be also a great opportunity for all of us to exchange our knowledge, experiences and open new channels of collaboration in medical research. Looking forward to see you all and enjoy a very fruitful meeting.

**Omar Shaaban, MD, Assiut, Egypt, YGA-2009**

It is my proud privilege to be a YGAA 2009 of AOFOG. I am greatly honoured and thrilled. This has really encouraged me to work further in the field of clinical research and academics.

I sincerely hope and pray that such type of encouragement would continue from the society for young gynaecologists.

With regards

**DR. MAHIJA SAHU, YGAA 2009**



I feel very happy and honoured to have been one of the recipients of the Shan S. Ratnam - Young Gynaecologist Award (SSR- YGA) 2009 provided by the prestigious organization AOFOG. The award gives me the privilege of attending the very important event - AOCOG 2009 in Auckland, New Zealand and also make a presentation based on my paper. I hope to benefit a lot from the presentations of the eminent presenters and by attending workshops as well. I'm sure the AOCOG - 2009 , connected to SSR - YGA, serves as a platform among gynaecologists in sharing and exploring possibilities of institutional collaborations.

As a gynaecologist from a resource constraint country, I honestly would not have been able to attend such an important meeting at my own expences. So, I take pride in becoming one of the SSR-YGA awardees. I would like to express my gratitudes to AOFOG and all the generous contributors to AOFOG fund.

Sincerely,

**Jitendra Pariyar MD**



I feel very honored and happy on receiving the AOFOG S S Ratnam Young Gynecologist Award. The participation at the AOCOG will not only help me update knowledge and skills of our subject, but will also help me interact with delegates from various countries. The selection of my paper as one of the ten best papers will provide me with an opportunity to present the paper at the congress. This really means a lot to me. I am sure it is going to be an experience to remember.

I express my gratitude to the AOFOG for the recognition of my academic achievements.

I also thank my national society for nominating me.

**Dr Purvi Patel, YGA winner- 2009 India**

Dear Dr. Malhotra,

I am delighted to be a Young Gynaecologist Awardee. I am very interested in research and I am glad that I have been given the opportunity to present at this meeting. Thank you FOGSI for this opportunity.

Regards,

**Nikhil Purandare, YGA-2009**



I feel highly honoured for being selected as one of the Young Gynaecologist Awardees. This will definitely inspire me in developing my professional excellence through continuous study. I express my sincere thanks to AOFOG for their noble venture to inspire young Gynaecologist.

Best Regards.

**Dr Nazneen Begumw, Dhaka, Bangladesh**



I feel very privileged for having received the Young Asian Gynaecologist award of AOFOG for the year 2009 from Nepal.

Now I feel more confident and motivated to work as an obstetrician and gynaecologist for the upliftment of my society. I hope to make my country proud.

Thank you for giving me this wonderful opportunity.

**Dr Preeti Shrestha Adhikari**  
Kathmandu, Nepal



Getting Young Gynaecologist Award of AOFOG, I feel highly honoured and motivated. I believe that this recognition will be the greatest possible incentive for my continuing endeavor in research works exploring women's health.

**Muna Shalima Jahan, Dhaka, Bangladesh**

# Countrywise List of AFOG Young Gynaecologist Awardees

## AUSTRALIA (2007-2009)

### 2007 (Tokyo, Japan)

1. Dr. Martin Gerard Ritossa
2. Dr. Naguesh S. Naik Gaunekar

### 2009 (Auckland, New Zealand)

1. Dr. Jane Elizabeth Hirst

## BANGLADESH (1991-2009)

### 1991 (Bangkok, Thailand)

1. Dr. Muhammad Anwar Hussain
2. Dr. Dil Tahera
3. Dr. Kohinoor Begum

### 1993 (Manila, Philippines)

1. Dr. Firoza Begum
2. Dr. Atiqua Begum
3. Dr. Syeba Akhter

### 1995 (Bali, Indonesia)

1. Dr. Saleha Begum Chowdhury
2. Dr. Maliha Rashid
3. Dr. Amal Kumar Roy

### 1998 (Kuala Lumpur, Malaysia)

1. Dr. Mariam Faruqui
2. Dr. Sabera Khatun
3. Dr. M. A. Quayyum

### 2000 (Singapore)

1. Dr. Ismat Arat
2. Dr. Khairun Nahar
3. Dr. Nasreen Haque

### 2002 (Bangalore, India)

1. Dr. Malay Kanti Chakraborty
2. Dr. Tarafdar Runa Laila
3. Dr. Fahmida Zabin

### 2005 (Seoul, Korea)

1. Dr. Samsad Jahan
2. Dr. Shahena Akter
3. Dr. Zannatul Ferdous Jesmin

### 2007 (Tokyo, Japan)

1. Dr. Irin Parveen Alam
2. Dr. Rabeya Akther
3. Dr. Jannatul Ferdous

### 2009 (Auckland, New Zealand)

1. Dr. Maruf Siddiqui
2. Dr. Muna Shalima Jahan
3. Dr. Nazneen Begum

## EGYPT (2009)

### 2009 (Auckland, New Zealand)

1. Dr. Omar Mamdouh Shaaban

## INDIA (1991-2009)

### 1991 (Bangkok, Thailand)

1. Dr. Parmanand K. Shah
2. Asst Professor Pankaj D. Desai
3. Professor Pratap Kumar N.

### 1993 (Manila, Philippines)

1. Dr. Nozer Sheriar
2. Dr. Narendra Malhotra
3. Dr. Rakesh Kuteta

### 1995 (Bali, Indonesia)

1. Dr. Vinita Salvi
2. Dr. Lavanya Rai
3. Dr. Siddhartha Datta

### 1998 (Kuala Lumpur, Malaysia)

1. Dr. Gautam Allahbadia
2. Dr. Amarnath Bhide
3. Dr. Aparna Singh

### 2000 (Singapore)

1. Dr. Sarita A. Bhalerao
2. Dr. Monali Desai
3. Dr. Jaydeep Tank

### 2002 (Bangalore, India)

1. Dr. Pranay Phukan
2. Dr. Hafeez Rehman
3. Dr. Rooma Sinha

### 2005 (Seoul, Korea)

1. Dr. Amit Patki
2. Dr. Rajesh Bhakta
3. Dr. Mehul Damani

### 2007 (Tokyo, Japan)

1. Dr. Palaniappan N
2. Dr. Uma Ram
3. Dr. Ashish Kumar N Shah

### 2009 (Auckland, New Zealand)

1. Dr. Nikhil C. Purandare
2. Dr. Purvi Patel
3. Dr. Mahija Sahu

## INDONESIA (1991-2009)

### 1991 (Bangkok, Thailand)

1. Dr. Bharoto Winardi Soeprono
2. Dr. Andrijono

### 1993 (Manila, Philippines)

1. Dr. Johannes C. Mose
2. Dr. Budi Iman Santoso
3. Dr. Hari Paraton

### 1995 (Bali, Indonesia)

1. Dr. Eka Rusdianto
2. Dr. Andon Hestiantoro
3. Dr. Amir Hakim Siregar
4. Dr. Sigit Purbadi
5. Dr. Adityawarman
6. Dr. Ichwanul Adenin
7. Dr. Johan M. Hutabarat
8. Dr. Hormanto Tri Yuwono

### 1998 (Kuala Lumpur, Malaysia)

1. Dr. Ova Emilia
2. Dr. Suskhan
3. Dr. Hendy Hendarto

### 2000 (Singapore)

1. Dr. Ali Sungkar
2. Dr. Fitriyadi Kusuma
3. Dr. Nelwati Syaiful

### 2002 (Bangalore, India)

1. Dr. Ketut Surya Negara
2. Dr. Amru Sofian
3. Dr. Ronny

### 2005 (Seoul, Korea)

1. Dr. Khrismanan
2. Dr. Gita Pratama
3. Dr. Novi Resistantie

### 2007 (Tokyo, Japan)

1. Dr. Budi Wiweko
2. Dr R Roseno Sarjanto

### 2009 (Auckland, New Zealand)

1. Dr. Cepi Teguh Pramayadi
2. Dr. Romi S.H. Sinaga
3. Dr. Jimmy Yanuar Annas

## ISRAEL (2007-2009)

### 2007 (Tokyo, Japan)

1. Dr. Yoram Abramov
2. Dr. Ido Ben-Ami

## KOREA (2005)

### 2005 (Seoul, Korea)

1. Dr. Seung-Yup Ku
2. Dr. Sokbom Kang
3. Dr. Woong Ju

### 2007 (Tokyo, Japan)

1. Dr. Sung Hoon Kim
2. Dr. Jae-Yoon Shim
3. Dr. Seung Chul Lim

## LAOS (1995-2005)

### 1995 (Bali, Indonesia)

1. Dr. Saophayvanh Keomahavong
2. Dr. Touy Chanthalangsy

### 1998 (Kuala Lumpur, Malaysia)

1. Dr. Phouksavanh Phongsavath

### 2000 (Singapore)

1. Dr. Alongkone Phengsavanh
2. Dr. Anan Sacdpraseuth
3. Dr. Sounantha Soullithone

### 2002 (Bangalore, India)

1. Dr. Thonhmy Aphyakoun
2. Dr. Keokedthong Phongsavan
3. Dr. Siphon Sisomvang

### 2005 (Seoul, Korea)

1. Dr. Chansy Dalavong

## MALAYSIA (2002-2005)

### 2002 (Bangalore, India)

1. Dr. Soon Ruey

### 2005 (Seoul, Korea)

1. Dr. Japaraj Robert Peter

## MONGOLIA (1995-2009)

### 1995 (Bali, Indonesia)

1. Dr. D. Tsogzolmaa
2. Dr. T. Erkhembaatar
3. Dr. B. Shinetugs

### 1998 (Kuala Lumpur, Malaysia)

1. Dr. J. Lkhagvasuren
2. Dr. Ch Darisuren
3. Dr. Tseveendorj Munkhtsetseg

### 2000 (Singapore)

1. Mrs. Tsevelmaa Baldan
2. Mrs. Tsetsgee Dashzeveg
3. Mrs. Bayan-Jargal Ochirpureviin

### 2002 (Bangalore, India)

1. Dr. Tsedmaa Baatar
2. Dr. Shinetugs Bayanbileg
3. Dr. Buyanjargal Yadamsuren

### 2005 (Seoul, Korea)

1. Dr. Davaa Vladimar
2. Dr. Jamsranjav Enkhtsetseg
3. Dr. Gerel Bayasgalan

### 2007 (Tokyo, Japan)

1. Dr. Amarbayasgalan Ganbold
2. Dr. Lkhagvasuren Unentsatsral
3. Dr. Duurenbileg Avirmed

### 2009 (Auckland, New Zealand)

1. Dr. Tserensambuu Urjindelger
2. Dr. Adyanyam Puntsagtseren
3. Dr. Luvsandorj Tsevelmaa

## MYANMAR (1991-2005)

### 1991 (Bangkok, Thailand)

1. Dr. Thiha Win
2. Dr. Khin Htar Yi
3. Dr. Than-Win

### 1993 (Manila, Philippines)

1. Dr. San San Win
2. Dr. Aye Aung
3. Dr. Khin Win Yee

### 1995 (Bali, Indonesia)

1. Dr. Soe Lwin
2. Dr. Wut Hmone
3. Dr. Htwe Htwe Myint
4. Dr. Katherine Ba-Thike  
(Supported by Organon)

### 1998 (Kuala Lumpur, Malaysia)

1. Dr. Thin Thin Myat
2. Dr. Thida Oo
3. Dr. Kyu Kyu Hlaing

### 2000 (Singapore)

1. Dr. Mar Lar Ni
2. Dr. Thida Win
3. Dr. Thynn Thynn Aye

### 2002 (Bangalore, India)

1. Dr. Thandar Aung
2. Dr. Khine Myat Min
3. Dr. Khin Yu Yu Zin

# Countrywise List of AFOG Young Gynaecologist Awardees

## 2005 (Seoul, Korea)

1. Dr. May Thet Kyaw
2. Dr. Tint Tint Lwin
3. Dr. Thi Thi Win

## NEPAL (1991-2009)

### 1991 (Bangkok, Thailand)

1. Dr. Achala Vaidya
2. Dr. Kundu Yangzom
3. Dr. Swaraj Rajbhandari

### 1993 (Manila, Philippines)

1. Dr. Chanda Karki
2. Dr. Bimala Lakhey
3. Dr. Amita Thapa

### 1995 (Bali, Indonesia)

1. Dr. Chandra Hira Kansakar
2. Dr. Meera Thapa
3. Dr. Prayaschit Shrestha

### 1998 (Kuala Lumpur, Malaysia)

1. Dr. Aruna Karki
2. Dr. Rajshree Jha
3. Dr. Sudha Sharma

### 2000 (Singapore)

1. Dr. Saroja Pande
2. Dr. Usha Shrestha
3. Dr. Heera Tuladhar

### 2002 (Bangalore, India)

1. Dr. Archana Amatya
2. Dr. Kesang Diki Bhasto Bista
3. Dr. Mona Sharma

### 2005 (Seoul, Korea)

1. Dr. Rashmi Prasad Yadav
2. Dr. Anjana Karki Rayamajhi
3. Dr. Shashi Pande

### 2007 (Tokyo, Japan)

1. Dr. Suniti Rawal
2. Dr. Shilu Adhikari
3. Dr. Nira Singh Shrestha

### 2009 (Auckland, New Zealand)

1. Dr. Jitendra Pariyar
2. Dr. Preeti Shrestha Adhikari

## NEW ZEALAND (2005-2009)

### 2005 (Seoul, Korea)

1. Dr. Neil Johnson
2. Dr. Emma Parry

### 2007 (Tokyo, Japan)

1. Dr. Paul Robinson

### 2009 (Auckland, New Zealand)

1. Dr. Lakshmi Ravikanti

## PACIFIC ISLANDS (1993-1998)

### 1993 (Manila, Philippines)

1. Dr. Anil Nair
2. Dr. Inosi Voce

### 1995 (Bali, Indonesia)

1. Dr. Kevil Bisili
2. Dr. Kolid Keybond

### 1998 (Kuala Lumpur, Malaysia)

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2. Dr. Moh Jabeen Khan
3. Dr. Jahan Ara

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2. Dr. Fauzia Perveen
3. Dr. Perveen Abbasi

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2. Dr. Salman Kiram Kidwai
3. Dr. Shaista Aziz Siddiqui

## 2005 (Seoul, Korea)

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2. Dr. Tabassum Shoaib
3. Dr. Zaibunissa Memon

## 2007 (Tokyo, Japan)

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2. Dr. Shehla Sami
3. Dr. Haleema Yasmin

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2. Dr. Onne Rageau

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2. Dr. Godfrey Naboam

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### 2000 (Bangalore, India)

1. Dr. Luty Amos

### 2009 (Auckland, New Zealand)

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2. Dr. Rey H. Delos Reyes
3. Dr. (Mrs) F T Santiago-San Juan

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2. Dr. G. U. Natividad-Villanuevc

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2. Dr. Ma. Jesusa Banal-Silao
3. Dr. Zoraida R. Umipig

### 2005 (Seoul, Korea)

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2. Dr. Jovelle B. Laoag-Fernandez
3. Dr. Anna Lynn Alvarado-Matignas

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2. Dr. Angela Sison-Aguilar
3. Dr. Valerie Tiempo-Guinto

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2. Dr. Lylah D. Reyes
3. Dr. Jean Anne B. Toral

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2. Dr. L. H. Samarage
3. Dr. G. H. K. K. Gunawardene

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2. Dr. T. Rudra
3. Dr. A. M. Wimalasiri

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2. Dr. R. D. K. Fernando
3. Dr. A. S. Chandana Hewage

## 2000 (Singapore)

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2. Dr. S. Raajkumar

## 2002 (Bangalore, India)

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2. Dr. Nalinda Rodrigo
3. Dr. K. T. A. N. Wijesiriwardene

## 2005 (Seoul, Korea)

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3. Dr. J.A.P. Dhammika

## 2007 (Tokyo, Japan)

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2. Dr. Dinesh Nilanga Epitawela
3. Dr. Upul Ranchagoda Gamage

## 2009 (Auckland, New Zealand)

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2. Dr. Nishendra Karunaratne
3. Dr. Rasika Herath

## THAILAND (1993-2002)

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1. Dr. Kamthorn Pruksananonda

### 1995 (Bali, Indonesia)

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2. Dr. Nimit Taechakraichana
3. Maj. Dr. Kitisak Wilawan

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2. Dr. Korakot Sirimai

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2. Mr. Opas Sreshtaputra
3. Miss Thitima Suntharasaj

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3. Dr. Sumonmal Manusirivithaya

### 2005 (Seoul, Korea)

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3. Dr. Thanasak Sueblinvong

### 2007 (Tokyo, Japan)

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2. Dr. Tuangsit Wataganara
3. Dr. Kittipat Charoenkwan

### 2009 (Auckland, New Zealand)

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2. Dr. Jitti Hanprasertpong
3. Dr. Pharuhas Chanprapaph

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2. Dr. Trinh Huu Tho
3. Dr. Le Loai Chuong

### 1998 (Kuala Lumpur, Malaysia)

1. Dr. Dinh Thu Ha
2. Dr. Le Minh Toan
3. Dr. Le Trong Nguyen

### 2000 (Singapore)

1. Dr. Tran Son Thach
2. Dr. Truong Quang Vinh

### 2002 (Bangalore, India)

1. Dr. Huong Lien Le Thi
2. Dr. Phuong Nguyen

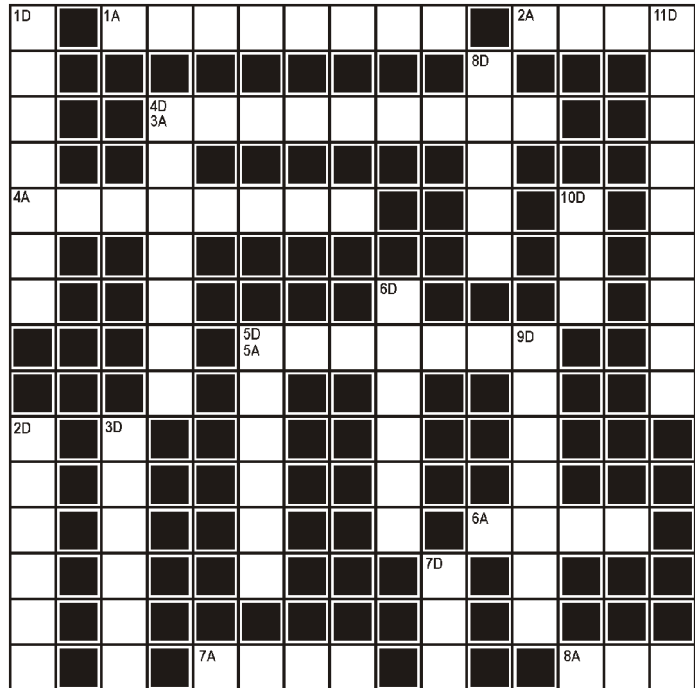
# Cross Word Puzzle

## Across

- 1A. Abdominal operation for reposition of uterus following uterine inversion
- 2A. Test to defect tubal patency by injection of saline into uterine cavity via Foley's catheter & visualizing flow along tube.
- 3A. Operation for reunification of the uterine cavity.
- 4A. Formula for determining the expected height of the fundus of pregnant uterus during 2nd / 3rd trimester by GA  
 $FH \text{ (in cm)} \times 8/7 = GA$
- 5A. During sudden hyperflexion of thigh over abdomen (Mc Robert's procedure), the nerve most commonly involved is --
- 6A. Postcoital test to defect retroversion of uterus or immunological factors as a cause of infertility.
- 7A. Structural chromosomal abnormalities [Translocation inverse, mutations] can be detected by -----
- 8A. Chemotherapy of choice for vulval carcinoma.

## Down

- 1D. Triad of hypogonadism, anosmia & color blindness in men (syndrome)
- 2D. A patient with carcinoma cervix developed abdominal distention, abnormal mentation & intractable hiccups. The likely cause is -----
- 3D. Manoeuvce for assisted delivery of the head by extension, exerting an upward pressure to the chin by the right hand placed on annococcygeal raple.
- 4D. Commenest site of primary of Krukenberg tumour.
- 5D. Operation of perineotomy done in cases of rigid hymen appreciated as a sickle like band resistant to



stretching.

- 6D. Test used to predict success of surgical repair of stress urinary incontinence following bladder neck elevation.
- 7D. Commonly taken surface biopsy in women presenting with intermenstrual bleeding or offensive vaginal discharge.
- 8D. A rare extra mammary disease involving apocrine sweat glandes seen in post menopausal female as a sharply demarcated & slightly elevated white indurated lesion on vulva.
- 9D. Antipsychotic strictly contraindicated in lactation.
- 11D. One of the tumour markers likely to be raised in dygerminoma of ovary.

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